
CHRONIC FATIGUE SYNDROME CONFERENCE

Sunday, October 26, 2008

NEW RESEARCH AND PERSPECTIVES IN CHRONIC FATIGUE SYNDROME (ME/CFS)

Sheraton Eatontown Hotel
Conference Center
Eatontown, New Jersey

NJCFSA Fall 2008 Conference
Co-sponsored by

■ ■ MONMOUTH
■ ■ MEDICAL CENTER
An affiliate of the Saint Barnabas Health Care System



*CME Credits available
for physicians & Nursing
Contact Hours have been
applied for

NEW RESEARCH AND PERSPECTIVES IN CFS CONFERENCE PROGRAM Sunday, October 26, 2008

- 11:30 - 12:30 pm Registration, exhibits and buffet lunch
- 12:30 - 12:45 pm Introduction & Welcome: Warren M. Walkow, MD,
Department of Medicine, Monmouth Medical Center
- 12:45 - 1:30 pm John Chia, MD The Role of Enteroviruses in CFS
- 1:30 - 2:15 pm Pat Fennell, MSW, LCSW-R CFS, Quality of Life, and the
Chronic Illness Era
- 2:15 - 2:30 pm Coffee, tea & beverage break
- 2:30 - 2:45 pm Presentation of Awards
- 2:45 - 3:30 pm Kenneth Friedman, PhD Evolving Strategies for Chronic
Fatigue Syndrome Research and Education
- 3:30 - 4:15 pm Susan Levine, MD, FACP New Infectious Causes of CFS and
Methods of Detection
- 4:15 - 4:30 pm **Question and Answer Panel Session:** Conference attendees will
be able to submit their questions to the speakers.
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Monmouth Medical Center relies upon faculty in its CME Program to provide educational information that is objective and as unbiased as possible. In accordance with the nationally accepted guidelines, faculty is asked to indicate any commercial relationship that might be perceived as a real or apparent conflict of interest.

ABOUT THE CONFERENCE

The annual fall conference of the New Jersey Chronic Fatigue Syndrome Association, Inc. (NJCFSA) is co-sponsored by Monmouth Medical Center. It will provide information on Chronic Fatigue Syndrome (ME/CFS) for primary care physicians, specialists in endocrinology, immunology, infectious diseases and pediatrics, nurses, and other health care providers. ME/CFS patients and their families will benefit from up-to-date information on research and treatment, as well as from an opportunity to network with advocates in the patient and medical communities.

DATE: Sunday, October 26, 2008
TIME: 11:30 am - 4:30 pm
LOCATION: Sheraton Eatontown Hotel
Conference Center
Eatontown, New Jersey
ADMISSION: Register by October 12: \$35
Register on conference day: \$45

NJCFSA Information Hot Line: 888-835-3677

Registration includes buffet lunch, program handouts, and free parking. For health considerations, this conference is fragrance-free, smoke-free and pet-free.

Directions to the Sheraton: Garden State Parkway to exit 105, Route 36 East to Route 35 South to Industrial Way East. The Sheraton is 5 minutes from the Garden State Parkway exit.

Accommodations at the Sheraton:

To reserve a room at a discounted rate of \$135 per night at the Sheraton Eatontown Hotel, please call 732-542-6500 by September 26, and refer to the NJCFSA Fall 2008 Conference.

Other hotels in the area:

Holiday Inn, Tinton Falls 800-HOLIDAY
Red Roof Inn, Tinton Falls 732-389-4646
Days Inn, Wall Township 800-325-2525

ABOUT THE SPEAKERS

John KS Chia, MD, is the founder of EVMED Research and also an assistant clinical professor at UCLA school of Medicine. As a well rounded physician, he is a dedicated researcher and an infectious disease specialist in Torrance, California. His most recent discovery that 82% of Chronic Fatigue Syndrome patients in his study had enterovirus capsid proteins within their stomachs was published in the Journal of Clinical Pathology and announced in an international press release. He also is actively investigating effective treatment strategies to help these debilitated patients.

Dr. Kenneth J. Friedman is an Associate Professor of Pharmacology and Physiology at the New Jersey Medical School in Newark, NJ. He developed an interest in Chronic Fatigue Syndrome (CFS) when his daughter became ill with CFS/Fibromyalgia in the early 1990's. He is the author of the lead chapter of the New Jersey ***Consensus Manual for the Primary Care and Management of Chronic Fatigue Syndrome***, and co-author of two additional chapters. Dr. Friedman served a more-than three-year term on the Chronic Fatigue Syndrome Advisory Committee (CFSAC), and served on both the Education and Research Subcommittees of the CFSAC. He is the author of a research subcommittee report entitled, "Fish or War," which served as the source for many of the recommendations submitted to the U.S. Secretary of Health by the advisory committee. Dr. Friedman is a Trustee of the New Jersey CFS Association.

Patricia Fennell, MSW, LCSW-R, is a researcher and clinician specializing in chronic illness, trauma, forensics and hospice care. Her organization, Albany Health Management Associates, treats and examines global health care concerns through clinical care, consulting, and professional education utilizing the Fennell Four Phase Treatment (FFPT™) approach. Her publications include ***Managing Chronic Illness: The Four Phase Treatment Approach*** and ***The Chronic Illness Workbook***.

Susan M. Levine, MD, FACP, is a Board Certified, Infectious Disease and Allergy & Immunology Specialist, with a primary interest in CFS and FM. Dr. Levine has published many research papers in peer-reviewed journals; she was a contributing author to ***A Consensus Manual for the Primary Care and Management of Chronic Fatigue Syndrome***. She served on the Name Change Workgroup, reporting to the Federal Government committee for CFS. Dr. Levine collaborates with scientists from multi-disciplinary fields in national and international research studies.

About ME/CFS

Chronic Fatigue Syndrome, also known as Myalgic Encephalomyelitis (ME), is a serious, often disabling illness that attacks all body systems. Over 1 million American men, women and children suffer from ME/CFS. As yet, there is no cure and treatment is aimed at symptom relief. However, promising multi-disciplinary, multi-national research and new technologies are advancing treatments protocols for ME/CFS patients worldwide.

ABOUT CME CREDIT

This activity has been planned and implemented in accordance with the Essential Areas, Standards and Policies of the Medical Society of New Jersey through the joint sponsorship of Monmouth Medical Center and NJCFSA, Inc. Monmouth Medical Center is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians. Monmouth Medical Center designates this educational activity for a maximum 3.5 **AMA PRA Category 1 Credits™**. Physicians should claim credit commensurate with the extent of their participation in the activity.

Target audience: Primary Care, Internal Medicine, Infectious Disease and Endocrinology Physicians, Nurses, and other health care providers

Objectives: At the completion of this conference, the participants should be able to:

- Discuss the role of chronic enterovirus infection in ME/CFS and review possible treatment strategies for patients who are found to have gastric enteroviral protein.

- Evaluate those factors, which affect the quality of life in ME/CFS patients. Show the importance of ME/CFS as a significant cause of chronic illness.

- Recommend strategies which can be employed to obtain productive results in ME/CFS research. Explain how the lack of medical education about CFS can be overcome.

- Identify possible new infectious causes of ME/CFS and describe their methods of detection.

CME participants must pre-register for conference and CME credit - call Kathy Fiore: 732-923-6790

CME & conference registration: \$95

On conference day, sign in & pick up materials.

ABOUT NURSING CONTACT HOURS

Contact Hours have been applied for through Monmouth Medical Center. Monmouth Medical Center is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation. (P91-12/2007-2010)

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NJCFSA FALL 2008 CONFERENCE

REGISTRATION FORM

*Please fill out and detach this form /
copy form for additional attendees*

Name _____

Address _____

City/State/Zip _____

Daytime phone _____

Conference registration: \$35 \$ _____

NJCFSA membership: \$30 \$ _____
(Optional)

TOTAL \$ _____

Please make check payable to:

NJCFSA, Inc.

Your returned check will be your receipt.

Mail check and this form to:

NJCFSA Fall 2008 Conference

P.O. Box 477

Florham Park, NJ 07932

ABOUT NJCFSA

NJCFSA is a non-profit organization that supports patients and their families with the following: InfoLine, website, physician and attorney referrals, current medical information, newsletter, support groups, lending library, medical conferences, fundraisers, funding for ME/CFS research, high school student & medical school student scholarships, public education, publicity and media coverage, public policy and advocacy.

**Please support the activities of
NJCFSA by becoming a member
for an annual \$30!**